

Harveys Supermarkets Wild Rice Sausage Stuffing



Ingredient List

3 cups cooked wild rice olive oil

1 lb. mild or spicy sausage

1 yellow onion, diced

1 cup diced carrots

1 cup diced celery

3 tbsp. fresh chopped sage

1 stick butter

8 cups day-old or 'stale' white bread torn into ½ cubes

5 cups chicken broth

1 egg, beaten

parchment paper

Directions

- 1. Cook the wild rice by placing 1.5 cups of dry rice & 3 cups chicken broth into a sauce pan. Bring this to a boil, reduce the heat to simmer, cover and cook for 45 minutes or until all the liquid has absorbed into the rice.
- 2. Preheat the oven to 375. Put a heavy bottom sauté pan with 3 TB olive oil over medium high heat on the stove top until oil is hot. Take the sausage out of the casing, crumble and sauté until brown. Remove the sausage with a slotted spoon and set aside in a bowl.
- 3. Add to the pan the diced onions, carrots & celery. If the pan seems dry add a little more olive oil. Season with salt and pepper and sauté until the vegetables are cooked but not soft. Then toss in the sage.
- 4. Melt 1 stick of butter and toss with bread cubes in a large bowl and season with salt & pepper. Then add the sausage and vegetables and toss to combine.
- 5. Whisk together 1 egg and 2 cups chicken broth then pour this over the bread mixture. Toss with your hands until combined.
- 6. Line 2 cookie sheets with parchment paper and spoon the mixture evenly between the two. Bake for 30-40 minutes or until the top is golden brown. Bake longer if you want a crispier top layer. Season with salt & pepper to taste. Enjoy!