



Harveys Supermarkets Peachy Chicken Salad



Ingredient List

1 large chicken breast or 3 small chicken tenders, grilled or baked, cooled and chopped.

(You can also use cold rotisserie chicken.)

3/4 - 1 cup nonfat plain Greek yogurt

1 large or 2 small peaches, chopped

1 stalk celery, chopped

12 - 15 red grapes, sliced

1/3 cup chopped pecans

1/4 tsp dill

1/2 tsp salt

a pinch of black pepper

Directions

Step 1

Grill or bake the chicken until done. (One baked chicken breast is usually about 20 min. at 400 degrees F). Allow to cool and chop into bite-size chunks.

Step 2

Put all the ingredients in a bowl (including cooled chicken) and add the yogurt a tablespoon at a time - until desired flavor is reached. (Some people like really saucy chicken salad and some do not.) Mix it all together until you reach the desired consistency. Salt and pepper to taste.

Step 3

You may want to chill before serving. Serve on a croissant or a bed of lettuce and enjoy!